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| <b>1. FORESTER SPECIAL (MIXED STARTERS FOR 2)</b>   | <b>£12.95</b>         |
| A selection of Spring Rolls, Filo Prawns, Prawns on toast, Chicken satay and Steamed Dumplings                          |                       |
| <b>2. CRISPY AROMATIC DUCK (QUARTER / HALF)</b>   | <b>£9.95 / £16.95</b> |
| Crispy fried piece of Duck served with Pancakes, Spring Onions, Cucumber and Hoi-Sin sauce                              |                       |
| <b>3. KAO GREAB GOONG (PLAIN / SPICY OR MIXED)</b>  | <b>£2.00 / £2.95</b>  |
| Prawn Crackers  |                       |
| <b>4. POH PIA (V)</b>   | <b>£4.95</b>          |
| Vegetarian spring rolls stuffed with vegetables and vermicelli  |                       |
| <b>5. TOD MAN KAO POD (V)</b>   | <b>£4.95</b>          |
| Sweetcorn cakes with Thai spices  |                       |
| <b>6. TEMPURA PUK (V)</b>   | <b>£4.95</b>          |
| Vegetables in seasoned Tempura Batter   |                       |
| <b>7. KANOM-PUNG NHA GOONG</b>  | <b>£5.25</b>          |
| Prawn on Toast with sesame seeds  |                       |
| <b>8. TOD MAN PLA</b>   | <b>£5.50</b>          |
| Spicy Fishcakes served with roasted Peanuts & sweet Chilli sauce  |                       |
| <b>9. TEMPURA GOONG</b>   | <b>£5.50</b>          |
| Prawns in seasoned batter and breadcrumbs   |                       |
| <b>10. GOONG HOM PHA</b>  | <b>£5.50</b>          |
| Seasoned Prawns in Filo Pastry  |                       |
| <b>11. KANOM JEEB</b>   | <b>£5.25</b>          |
| Steamed Pork and Prawn dumplings topped with crispy garlic  |                       |
| <b>12. CHICKEN SATAY</b>  | <b>£5.25</b>          |
| Marinated chicken fillets, grilled and served with peanut sauce   |                       |
| <b>13. THAI SPICY CHICKEN WINGS</b>  | <b>£5.25</b>          |
| Fried Chicken wings with Thai Spicy BBQ sauce   |                       |
| <b>14. THAI SPARE RIBS</b>  | <b>£5.50</b>          |
| Pork spare ribs marinated with exotic spices & mild BBQ sauce   |                       |
| <b>15. THAI CALAMARI</b>  | <b>£5.50</b>          |
| Crispy fried Squid rings with Special Thai Pepper sauce   |                       |
| <b>(1) 16. EDAMAME BEANS</b>  | <b>£3.95</b>          |
| Soya Bean pods served with Salt or Spicy Garlic   |                       |



* CHICKEN OR VEGETABLE	£4.95
* PRAWNS	£5.50

**16. TOM YUM** 🌶️🌶️

Hot and sour soup with Thai herbs and chillies

**17. TOM KHA**

Hot and sour soup in coconut milk with Thai herbs

## Main Courses

* CHICKEN, PORK, TOFU OR VEGETABLES	£7.95
* BEEF OR DUCK	£8.95
* PRAWN OR SEAFOOD	£9.90

### CURRY DISHES

**18. GEANG KIEW WARM** 🌶️🌶️🌶️

Green curry with coconut milk, bamboo shoots & vegetables

**19. GEANG PHED** 🌶️🌶️🌶️

Red curry with coconut milk, bamboo shoots & vegetables

**20. GEANG PANANG** 🌶️🌶️

An authentic thick Thai curry with coconut milk & peanuts

**21. GEANG PHAR** 🌶️🌶️🌶️

A spicy Thai curry with mixed vegetables

**22. GEANG MUSSAMAN BEEF (FORESTER SPECIAL)**

Slow cooked beef in a mild Thai curry with potatoes & nuts in coconut milk

**23. GEANG LHUENG**

Mild yellow Thai curry with potatoes, topped with crispy fried shallots

### STIR FRIED DISHES

**24. PAD BROCCOLI**

Stir fried broccoli with oyster sauce and garlic

**25. PAD MED MA MUANG**

Stir fried cashew nuts with garlic, onion, mushroom and vegetables

**26. PAD GRA-PROW** 🌶️🌶️🌶️

Stir fried green beans, onion, garlic, chilli & basil leaves

**27. PAD BLACK BEAN**

Stir fried vegetables in black bean sauce

**28. PAD NAM MAN HOI**

Stir fried garlic, onion & mushrooms in oyster sauce





**29. PAD NAM PRIK PHAO** 🌶️🌶️

Stir fried green beans, onion & spring onions in chilli paste

**30. PAD PRIEW-WARN**

Stir fried tomato, cucumber & pineapple in sweet and sour sauce

**NOODLE & RICE DISHES**

**31. PAD THAI**

Stir fried rice noodle with egg, bean sprouts and spring onion

**32. PAD SEE EWE**

Stir fried rice noodle with egg, dark soy sauce and vegetables

**33. PAD KEE MAO** 🌶️🌶️🌶️

Stir fried rice noodle with chilli and vegetables

**34. CHOW MEIN**

Stir fried egg noodle with bean sprouts and spring onion

**35. SPECIAL FRIED RICE**

Fried rice with egg and vegetables

**36. JASMINE RICE**

£2.75

**37. EGG FRIED RICE**

£2.95

**38. COCONUT RICE**

£2.95

**39. STICKY RICE**

£2.95

**40. PLAIN NOODLE**

£4.50

Stir fried rice or egg noodle with carrots, bean sprouts and spring onion

*Salads*

**41. SOM-TUM & GRILLED TIGER PRAWNS** 🌶️🌶️

£8.95

Mixed papaya, carrot, green bean & grilled prawns with  
spicy Thai lime dressing

**PLAIN SOM-TUM SALAD**

£6.95

**43. YUM NUER** 🌶️🌶️

£8.95

Char-grilled Beef salad with spicy Thai dressing

**44. LARB GAI** 🌶️🌶️

£7.50

Minced Chicken breast salad with  
spicy Sun-dried Chilli dressing





## Chef's Specials



### PED MA-KHAM

£9.95

Sliced roast Duck with Thai-style Tamarind sauce,  
topped with crispy fried shallots



### WEeping TIGER

£11.95

Grilled 6oz Sirloin Steak served with spicy Thai Chilli dip



### SIZZLING BEEF

£11.95

Sliced Beef with Thai BBQ sauce served with mixed vegetables



### SIZZLING PRAWNS & SCALLOPS

£12.95

King Prawns and Scallops with Thai BBQ sauce  
served with mixed vegetables



### BANGKOK FISH

£11.95

Pan fried Seabass served with salad and spicy Thai dressing



### PLA RAD PRIK

£11.95

Pan fried Seabass served with spicy Chilli and Basil

## Forester Set Meal for 2

£14.95 PER PERSON

#### STARTERS:

- Spring rolls
- Wrapped prawns
- Prawn on toast
- Chicken satay
- Steamed dumplings

#### MAIN COURSES:

- Beef with oyster sauce
- Chicken in green curry
- Stir fried mixed vegetables
- Egg fried rice

## Forester Set Meal for 3

£17.95 PER PERSON

#### STARTERS:

- Spring rolls
- Wrapped prawns
- Prawn on toast
- Chicken satay
- Steamed dumplings

#### MAIN COURSES:

- Chicken with Cashew Nuts
- Beef with Chilli and Basil
- Prawns in red curry
- Stir fried mixed vegetables
- Steamed Jasmine rice

*Allergy awareness : Please inform us if you have any dietary restrictions eg. nuts, milk, etc. before placing any orders.*





## Traditional English Food

<b>45. SIRLOIN STEAK</b>	<b>£12.95</b>
Grilled 6oz Sirloin Steak served with Chips and grilled vegetables	
<b>46. FISH AND CHIPS</b>	<b>£11.95</b>
London Pride beer battered Cod served with Chips and mushy Peas	
<b>47. HOMEMADE STEAK BURGER</b>	<b>£10.95</b>
Homemade 8oz Burger with Lettuce, Tomato, Red Onion & Mayo served with Chips and Salad	
	<b>CHEESE £1</b>
	<b>BACON £1</b>
<b>47(7). FORESTER DOUBLE DECKS</b>	<b>£14.95</b>
A Double 8oz Cheese Burger with Bacon and Chips	
<b>49. SAUSAGES AND MASH</b>	<b>£10.95</b>
Cumberland Sausages served with creamy Mash & Gravy	
<b>50. CHICKEN AND CHIPS</b>	<b>£8.95</b>
Half roasted Chicken served with Chips and Salad	
<b>51. NUGGETS AND CHIPS</b>	<b>£8.95</b>
Chicken Nuggets served with Chips and Salad	
<b>52. FISHFINGERS AND CHIPS</b>	<b>£9.25</b>
Battered Fishfingers served with Chips and Salad	
<b>53. FISH BURGER AND CHIPS</b>	<b>£10.95</b>
Fish Burger & Cheese served with Chips, Salad and Tartar sauce	
<b>54. SCAMPI AND CHIPS</b>	<b>£10.95</b>
Whole tail breaded Scampi served with Chips, Peas & Tartar sauce	

### SIDE DISHES

<b>55. CHIPS</b>	<b>£3.25</b>
<b>56. CHIPS &amp; CHEESE</b>	<b>£3.75</b>
<b>57. PERI-PERI CHIPS</b> 	<b>£3.75</b>
<b>58. CRISPY SWEET POTATO FRIES</b>	<b>£3.95</b>
<b>CHIPS TOPPED WITH BACON &amp; CHEESE</b>	<b>£4.25</b>
<b>SIDE SALAD</b>	<b>£3.45</b>



## Kids' Menu

<b>65. FISH AND CHIPS</b> Battered Cod served with Chips and mushy Peas	<b>£7.95</b>
<b>66. HOMEMADE STEAK BURGER</b> Homemade 4oz Burger with Lettuce, Tomato & Mayo served with Chips	<b>£7.95</b> <b>CHEESE £1</b> <b>BACON £1</b>
<b>68. SAUSAGES AND MASH WITH GRAVY</b> Cumberland Sausages served with creamy Mash & Gravy	<b>£6.95</b>
<b>69. CHICKEN AND CHIPS</b> Quarter roasted Chicken served with Chips	<b>£6.95</b>
<b>70. NUGGETS AND CHIPS</b> Chicken Nuggets served with Chips	<b>£5.95</b>
<b>71. FISH FINGERS AND CHIPS</b> Battered Fish fingers served with Chips	<b>£5.25</b>
<b>72. FISH BURGER AND CHIPS</b> Fish Burger & Cheese served with Chips and Tartar sauce	<b>£7.95</b>
<b>73. SCAMPI AND CHIPS</b> Whole tail breaded Scampi served with Chips, Peas & Tartar sauce	<b>£7.95</b>

**ALL GOOD BOYS AND GIRLS GET FREE ICE CREAM WITH THEIR KID MEALS**



# SPECIAL SET LUNCH £7.50

Mon-Sat. 12.00 – 15.00  
(2 courses; 1 starter and 1 main course)  
Choice of chicken or vegetables

## *Starters*

1. Vegetable spring rolls
2. Sweetcorn cakes with Thai spices
3. Deep fried prawn on toast
4. Steamed pork and prawn dumplings
5. Chicken satay with peanut sauce

## *Main Courses*

6. Green curry with meat, bamboo shoots and vegetables
7. Red curry with meat, bamboo shoots and vegetables
8. Stir fried meat with chillies, basil and vegetables
9. Stir fried meat with oyster sauce and vegetables
10. Pad Thai rice noodles with meat and vegetables
11. Chow Mein egg noodles with meat and vegetables

